ROOM TO BREATHE MASK

design from Tona Williams www.tonawilliams.com/facemask

ROOM TO BREATHE FACE MASK

fastening: over ear
size: adult medium
Print at 82% for child large,
75% child small, 107% adult large

DIRECTIONS

1. Cut an inside and outside cloth layer (tightly-woven cotton preferred), and one or more inner layers (non-woven polyester interfacing preferred). The number of layers depends on relative thicknesses and intended mask usage.
2. Stack layers and finish outer edge with a zig-zag or overlock stitch.
3. Stitch nose wire holder to the outside.
4. Attach side loops or elastic, and optional top loops or elastic with a sturdy zig zag stitch.
5. Fold with right sides together, sew halves together for front seam, then turn right-side out.

FASTENING OPTIONS

• grosgrain ribbon is great for the nose wire holder
• elastic strips can be sewn on directly or attached to loops
• pony tail elastic can be knotted around sewn-in loops
• string, ribbon, cord or stretchy fabric strips can connect loops
• barrettes or carabiners can provide quick-release connections
• t-shirt hems, lingerie straps, and recycled waist bands can substitute for elastic

WIRE OPTIONS

If supply is low, try wire from coffee bean bags, twist ties, pipe cleaners, fake flowers

NOSE WIRE: 4”-5” long
NOSE WIRE HOLDER: 3.5”-5” long

SCALE:
TWO INCHES

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