ROOM TO BREATHE MASK

design from Tona Williams  www.tonawilliams.com/facemask

when you want more room in front of the nose and mouth
choose a beak point or a round snout

ROOM TO BREATHE FACE MASK

fastening: nape of neck
size: adult medium
Print at 82% for child large,
75% child small, 107% adult large

DIRECTIONS

1. Cut an inside and outside cloth layer (tightly-woven cotton preferred), and one or more inner layers (non-woven polyester interfacing preferred). The number of layers depends on relative thicknesses and intended mask usage.
2. Stack layers and finish outer edge with a zig-zag or overlock stitch.
3. Stitch nose wire holder to the outside.
4. Attach side loops or elastic, and optional top loops or elastic with a sturdy zig zag stitch.
5. Fold with right sides together, sew halves together for front seam, then turn right-side out.

FASTENING OPTIONS
• grosgrain ribbon is great for the nose wire holder
• elastic strips can be sewn on directly or attached to loops
• pony tail elastic can be knotted around sewn-in loops
• string, ribbon, cord or stretchy fabric strips can connect loops
• barrettes or carabiners can provide quick-release connections
• t-shirt hems, lingerie straps, and recycled waist bands can substitute for elastic

WIRE OPTIONS
If supply is low, try wire from coffee bean bags, twist ties, pipe cleaners, fake flowers

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